

Are you wearing Rudraksha for the first time?

Step1. What is a Rudraksha?

Well, we believe that one needs to know what Rudrakshas are before they start wearing it. Rudrakshas are natural beads (fruit) grown on trees & are considered to be very auspicious & divine as they are believed to be evolved out of the eyes of Lord Shiva " Rudra" (Shiva) & " Aksha" (eyes)" . A gift of the great Lord Shiva to mankind. Rudrakshas are evolved by Lord Shiva to help human beings overcome various problems of life. To know more in detail what Rudraksha is, visit link [what is Rudraksha? By Rohan Advani](#); in the related articles section.

Step2. Which Rudraksha to wear?

After knowing what Rudrakshas are, you would like to know which Rudraksha or Rudraksha combination would be most suitable for you.

As per our ancient Vedic texts like Siva purana, Srimadbhagvatam each Rudraksha is a representation of a Lord & has a respective significance, importance & effect. One needs to select the Rudraksha as per their problems or requirements & not necessarily according to their planetary positions. The best part about Rudrakshas is that it can be worn in any number & any combination as they do not have any negative or reverse effects. Although for specific requirements one should know which Rudraksha or Rudraksha combination will be most useful to them. You may no more depend on astrologers, feel free from superstitions & select your own Rudraksha with the help of excerpts from the Vedic texts.

Kindly visit [Rudraksha-multifaceted](#) to choose your Rudraksha or Rudraksha combination as the details & purpose of each Rudrakshas are mentioned there or to send your request for free Rudraksha recommendation to our expert panel vist [Free Rcommendation](#).

Step3. Superstitions

Before wearing a Rudraksha everyone is usually concerned about the necessary precautions to be taken while wearing it. One will be surprised that there are no precautions on wearing a Rudraksha mentioned in the Veda's, they are all created & spread by humans.... to know more visit [Do's & Don'ts](#).

Step4. Energisation & Sanctification

After selecting the Rudrakshas & feeling free from restrictions the immediate thing that comes to a person's mind is how to energize the Rudrakshas? Or is there any pooja to be performed before wearing it?

Once the Rudraksha combination is selected & before Rudraksha is worn on the body or kept in the pooja altar for prayers it needs to be sanctified and energized. This can be done by visiting any Shiva temple & asking the priest to perform the Rudra abhishek. However since one is wearing the Rudraksha for their own benefits it is best recommended to perform the rituals on your own. Many websites claim of energizing the Rudraksha beads before sending which actually is not done....so kindly take note & rather than trusting anyone please perform the simple energizing procedure on your own. To follow the simplest energization process as per the guidelines of the head priest of an old Shiva temple in Mumbai visit link [Energization of Rudraksha](#).

- Free of superstitions having chosen your combination you would want to know how to take care of your precious & auspicious Rudraksha beads, to know more visit [Rudraksha care & maintenance](#).

- Now we believe the only question that may restrict you from having a Rudraksha would be [Authenticity of Rudraksha](#) kindly click on the same to have your answer

Further incase of any doubts, information or suggestions feel free to contact us we would be glad to assist you.

Possess the Power of Rudrakshas.....RudraBlessings.